 **DEPARTMENT OF DEFENSE**

**DCPAS Message 2023###**

**DEFENSE CIVILIAN PERSONNEL ADVISORY SERVICE**

**4800 MARK CENTER DRIVE**

**ALEXANDRIA, VA 22350-1100**

FOR: CIVILIAN PERSONNEL POLICY COUNCIL MEMBERS

FROM: Defense Civilian Personnel Advisory Service Director, Mr. Daniel J. Hester

SUBJECT: Guidance on Employee Wellness Programs

AUDIENCE: Appropriated Fund and Nonappropriated Fund (NAF) Personnel

ACTION: Disseminate to Department of Defense (DoD) Human Resources Practitioners

REFERENCE: Office of Personnel Management (OPM) Guide for Agency Leaders “Employee Wellness Programs (EWPs),” May 24, 2023 (attached)

BACKGROUND/INTENT: On May 24, 2023, OPM released the above reference, which provides guidance for EWPs across the Federal Government. The guidance reflects the President’s Management Agenda to “promote awareness of employee well-being and support initiatives that extend beyond the workplace.” It also addresses various aspects of EWPs to include Employee Assistance Programs, Work-Life Programs and other Federal programs that support employees’ well-being. DoD leaders are encouraged to share and promote the services provided by EWPs.

POINT OF CONTACTS: Ms. Taiwanna Smith, Director, Benefits, Wage and NAF Policy, 571-372-1642, Taiwanna.R.Smith.civ@mail.mil, and Ms. Rim Radwan, Senior Benefits and Work-Life Programs Manager, 571-372-1627, Rim.M.Radwan.civ@mail.mil.

Attachment:

As stated